1	IN THE UNITED STATES DISTRICT SCHOOL OF KANSAS
2	2003 MAR 13 ₱ 1: 08
3	UNITED STATES OF AMERICA, ) (
4	Plaintiff,) RALPH L. DELOACH CLEAN CLEAN CLEAN NAACHEPUTY
5	vs. ) Case <sub>AT NSP EKA. KS.</sub> ) 00-40104-01/02
6	WILLIAM L. PICKARD and ) CLYDE APPERSON, ) Defendants.)
7	Defendancs.
8	TRANSCRIPT OF VOLUME VII OF THE
9	TESTIMONY OF GORDON TODD SKINNER HAD DURING THE JURY TRIAL
10	BEFORE HONORABLE RICHARD D. ROGERS
11	and a jury of 12 on
12	February 6, 2003
13	APPEARANCES:
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3	WITTHE G GRALPHIL DELOACH
4	ON BEHALF OF GOVERNMENT:  BY AT TOPEKA, KS. PAGE
5	GORDON TODD SKINNER
6	(Contd.) Cross-Examination by Mr. Rork 903
7	
8	EXHIBITS
9	GOVERNMENT EX. NO.: OFFERED RECEIVED
10	C. Photo of Whiteboard Drawing by O'Grady 1052 1053
11	
12	DEFENDANT PICKARD EX. NO.:
13	P-20-a Copy of Exhibit P-20 With Markings made
14	By Skinner 1001 1002
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THE COURT: All right, we're all present. Would the attorneys please approach the bench?

(THEREUPON, the following proceedings were held at the bench and outside of the hearing of the jury.)

THE COURT: All right, I want to talk to you about the cross-examination of Mr. Skinner concerning his work on the confidential information as confidential informant for the DEA in Florida. The defendants have indicated that they wish to cross-examine Mr. Skinner concerning some work he did as a confidential informant for the DEA in Florida. Having carefully reviewed the arguments of parties, the Court will allow inquiry into this area. Accordingly, the Court shall deny government's motion in limine. The Court, however, expects defendants' counsel to ask questions that directly raise this matter and not to make efforts to inquire about the Worthy matter, which I have ruled out. The Court does intend to carefully consider all cross-examination and will assert my right to limit it if I believe that counsel are travelling too far afield or

seeking only to harass or embarrass the witness. That will be my ruling.

MR. HOUGH: Judge, we would ask that the Court exclude reference to the individuals involved in that cooperation beyond Worthy for the reasons stated in our motion, plus it would—the names of the individuals would have no relevance whatsoever. If, indeed, the purpose of this inquiry is to establish a bias in Mr. Skinner because he has cooperated in the past, which was the assertion yesterday, then the fact of prior cooperation, just the fact that you were a CI in the past alone would be a sufficient inquiry.

THE COURT: Well, that was a long time ago, the affair down there, and you raised the point about the danger to him and so forth. I don't see any danger to him at this time after that length of time, and if you're talking about the matter in Florida, I don't want to restrict anything there. I will allow them to go ahead. I don't see that that's a great big point. You people seem to think it is, but it doesn't appear to the Court that it's a big point, so he will be allowed to be

1		cross-examined on that.
2		MR. HOUGH: Okay. May I approach the
3		witness so that the witness is aware that may
4		be coming?
5		MR. RORK: Judge, I'll wait until
6		after the morning break so he can tell him then
7		instead of approaching him now.
8		THE COURT: All right, you may
9		proceed.
10		(THEREUPON, the bench conference was
11		concluded and the following proceedings were
12		held within hearing of the jury.)
13		GORDON TODD SKINNER,
14		called as a witness on behalf of the
15		Government, was previously sworn, and testified
16		as follows:
17		CROSS-EXAMINATION (Contd.)
18		BY MR. RORK:
19	Q.	Mr. Skinner, if you don't mind, we have
20		substituted and you have in front of you an
21		exhibit that's been similarly marked P-20 which
22		replaces the P-20 that we had yesterday. Is
23		that correct?
24	Α.	That's correct.
25	Q.	And essentially, what the substitution

1 involves, the new P-20 has all the words that 2 are on there where it can be clearly legible? 3 Α. Correct. 4 Q. And I did ask you before the jury came in to go 5 ahead and place some markings on the new P-20 6 that were made by you yesterday. Is that 7 correct? 8 Α. That's correct. 9 Ο. Let's continue on, then, with respect to the 10 questioning along those lines. After we-- I 11 believe, yesterday we had--12 THE COURT: Would you use that microphone more? I had some complaints 13 14 yesterday from people in the rear that they 15 couldn't hear what we were saying up here. So 16 if we will try to speak into the microphone 17 that will be helpful. MR. RORK: I'll just try to get my 18 19 stuff together. 20 THE COURT: That will be fine. Thank 21 you. 22 Q. (By Mr. Rork) Looks like what we were doing 23 yesterday, 110 and 111 were the items that were 24 discussed, and in that conversation, I believe 25 you've indicated that in 1984 you had gone to

1 this conference where there was some individuals involved. I believe one of them's 2 name was John Ott? 3 4 Α. Jonathan Ott. 5 Jonathan Ott. And who were the other Q. individuals? 6 7 Andrew Weil, Dr. Andrew Weil, M. D. Alfred Α. 8 Savinelli was at one of the conferences '84, 9 '85, Paul Stamets, Ph.D. S-T--10 Q. 11 Α. -- A-M-E-T-S. And with respect to Paul Stamets, what was his 12 Q. 13 particular field or area at that particular 14 time? He is a mycologist. He's an expert at, 15 Α. basically, growing mushrooms of all sorts, 16 medical, food, and entheogenic. 17 18 Q. When you say entheogenic, you mean the 19 hallucinoqenic, psilocybin, and the progenies? 20 Yes. Α. And Dr. Andrew Wiley, what was his--21 Q. Weil. 22 Α. Weil? What was his area of expertise? 23 Q. He's out of Harvard. He's an M. D., and he has 24 Α.

become popular in a sense as being-- using

1 alternative methods for healing people for 2 different things. He's written numerous books. 3 He's quite famous. And Jonathan Ott? 4 Q. 5 He is the protege of Albert Hofmann. He is an Α. 6 expert at translating, and he supplied Sigma 7 Chemical with different items. He also is a prolific writer of books concerning sacramental 8 9 use and entheogenic use and entheogens, i.e., a 10 book called "Pharmacopeia." Alfred Savinelli, what was his area of 11 Q. 12 expertise? 13 Just was there, and no area of expertise that I Α. 14 knew about. 15 Did he own and operate the business Native Q. 16 Scents at that time? 17 Α. No. Do you know what his business, if any, was? 18 Q. No, I don't know. 19 Α. 20 And you indicated this was like a three- or Ο. 21 four-day conference? 22 Α. That's correct. 23 And where was it held at? Q. Orcas Island, San Juan Islands, off of the 24 Α. 25 state of Washington, United States of America.

- Q. And the nature and purpose of the conference?
- A. Was to talk about mainly the broad field of mushrooms and both edible, medicinal, and there was actually a talk at one of them about using them as dyes and for artwork and such that was secondary that none of us had really thought about, and entheogenic use, and also how to identify. There was an identification class, keying so you would not get a hold of a poisonous mushroom, so you would know the rules of what to look for to make an exact pick so you would know what type of mushroom you had, which is very, very complicated.
  - Q. And this would have been in that period I believe that you said you were unemployed from 1980 to 1985. Is that correct?
  - A. Well, I was employed in 1985, but I quit in March, 22nd or something like that, in 1985.

    Yes, it was after March 22nd, it was when I was unemployed when I went to this. I believe it was October of '85 that I went to that one.
  - Q. And the period where you were able to do a lot more extensive research without being continuously employed at Gardner Spring was 1985 to 1990 time period?

A. Yes.

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- Q. And when you traveled to this conference in

  October of 1985, did you go by yourself or

  travel with someone else?
  - A. I went by myself.
    - Q. Let's go on, then, into the next line of questions with respect to after 110 and 111.

      Would you continue with the other items you did research in in the time period 1978 to 1990, and the use thereof?
  - A. 56.
- 12 | Q. And 56 is what?
  - A. 56 is psilocybe cubensis.
- 14 Q. And what does that consist of?
- A. That is normally referred to as the

  hallucinogenic mushroom, or in common

  vernacular, shrooms, and this would be-- this

  specific psilocybe cubensis has many varieties

  thereof, but giving the whole family, 57, 58,

  and 59, also include 60.
  - Q. Let me-- so is 56 by itself or--
- 22 A. No, it starts that series.
- 23 | Q. All right, so 56--
- 24 A. Through 60.
- 25 Q. -- through 60. 57 is what?

- A. Panaeolus, which is a family. The next one, 58 expands upon the varieties of 56. It just gives, for example psilocybe azyrescens, and goes on to include cyanescens and so on, and so on.
- Q. And through 56 through 60, what was the nature of your research, and how was it undertaken?
- A. Well, it-- there was some formal stuff, and there was some informal stuff. During that time, I was on the island of Jamaica, and I actually went out and picked some shroom, psilocybe cubensis, in their wild habitat and washed them off and then consumed them.
- Q. And what was the effect that you experienced?
- A. That particular one I remember was a profound effect that I remember to this day quite clearly. I took it with a friend Ivo Kaanen, and we were sitting in the grille which was on the west part of the island of Jamaica very close to the ocean, and as odd as this may sound, you form a dialogue with some of these things, and you start being downloaded instructions, is the best way I'm trying to describe this, and one of the things that was profound about this was that I had been

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spending too much of my life accumulating and 1 worrying about the material world and business, 2 3 and that the real function of life here is not to mess with the accumulation of assets, but to 4 5 try to attain a higher spiritual way. 6 And this particular Jamaican event and research 7 undertaking, do you know about what time period that would have been? 8 9 1988, August 1988. Α. 10 Q. And so this Jamaican -- how long were you in 11 that Jamaican environment? You mean -- we were there for a couple of days. 12 Α. And have you used any of those, 56 through 60, 13 Q. from that time to the present? 14 Well, yes, but also I used them before then 15 Α. 16 I was giving one of the more profound 17 effects. 18 Q. All right, and by more profound effects, how 19 does that differentiate in respect to just a 20 regular effect? Well, early on, there was a seemingly-- you 21 Α. 22 could see the humor in many things that normally didn't seem humorous, and you can see 23 how much there was inherent inconsistencies 24

within political systems, within general ways

1 of thinking, within generally accepted 2 viewpoints. It was like you could see through different lenses parts of a given item. 3 were looking at the universe through different 4 5 kinds of lenses, and I don't mean physically 6 looking through it in a lens. I mean mentally 7 you were perceiving it in another lens. 8 So what you would actually do, then, is in what Q. 9 I would refer to in your mind's eye, you would 10 actually see these events that you were just 11 describing? 12 Α. That's correct. 13 Q. And when you were doing this research, as in 14 all the other research, did you also do it with another person and then discuss the various 15 16 experiences? 17 In this particular case, I'm saying yes. Α. Αt 18 some times, because I knew of the safety 19 margins with psilocybe, I would do it by 20 myself. 21

And what are those safety margins? Ο.

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The relatively-- there's-- the upper end Α. doesn't seem to be anything that's deadly. biggest problem you have with the psilocybes is that there's an inconsistency with every

different mushroom or batch of mushrooms in the potency, so you get surprises that less happens than you're expecting or substantially more happens, and there's many reasons for this. The first flush is usually a weak and growing phase. The second and third flush are strong, and there's a declining content of psilocin, psilocybin, and 4-hydroxy-N, N-dimethyltryptamine or phosphate-N, N-dimethyltryptamine that is in there, and also there's an oxidization situation that goes on between those.

- Q. And this particular occasion in Jamaica you talked about picking it yourself, but previously and during this applicable time period, did you not also undertake growing your own mushrooms?
- A. Yes, I usually grew mycelium because there was no reason to take it to the fruiting body, and in those rooms that we grew them in, it would be, like, instead of a greenhouse, it would be a dark house with lots of fresh air, sterile air flowing through, and we would make sure that it was very clean, and we had to keep it to where it would be just like you would be

growing plants. You would want nontoxic items around and also no bacteria and no other fungus and contamination.

- Q. Would you have to use a room in size of, like, a bedroom?
- A. Or, yeah, you could use even a closet, depending on what particular strategy you were using.
- Q. And what did you need to do to start this research project of growing these? How did you--
- A. Well, I can start with spoors, which can be legally obtained.
- Q. And how do you obtain those?
- A. You can get them-- I obtained every source I could get, so I had-- there was a source from Hawaii, Lux Dutura (spelled phonetically) at the time, which the McKenna family was running. There were many sources on the West Coast called the Homestead Book Store, but beyond that, there was the Type Tissue Culture Society that also had mycelium and actually had spoor prints that were available, and I obtained them from all those, and also when I would meet someone that would have a different strain that

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was interesting or a variation, I would then 1 2 take that, and it's complicated to take it from 3 the spoor print and to get a clean, sterile viable culture that will go to fruiting body. 4 5 You do have to end up going through the whole 6 cycle eventually and take your mycelium and go 7 back to a fruiting body. And when you first began to undertake this 8 0. 9 research and to grow your own, what type of 10 equipment did you have and nature of same? Oh, lots of little petrie dishes, pressure 11 Α. cookers, Ball, which I believe are still made, 12 13 canning jars, rice, rye, panoply of trace 14 minerals and vitamins to make into the agar agar or agar agar media, Daylight 65 Vitalite, 15 16 lights from the Dura Test Light Corporation. 17 And did you have to have, like, a tub or Q. something to put these petrie dishes in? 18 19 Α. No, petrie dishes, if they're put in an area 20 where you spray them down, if they start off 21 clean, they're all right. It's the next 22 transfer that requires a problem. And with respect to a petrie dish, there's a 23 Q. round rubber band thing front of the court 24

reporter, if you can see that, is that about

the size of a petrie dish?

- A. No. A petrie dish wold be like the top of this, about that size or a little bit bigger. It had a glass cover and will either be made by the Pyrex Corporation or Kimax Corporation.

  I'm sure there are some other people that make it. It has to be autoclavable or able to be sterilized at high temperatures under pressure, a top and bottom that fit together, and it actually does allow a small amount of air exchange.
- Q. And what you've described, for the record, was about an inch high--
- A. A little less than an inch high, but close.

  This diameter is a little less than-- I just don't remember the exact dimensions of petrie dishes, but I've used them.
- Q. Where did you obtain those petrie dishes.
- A. From the Refinery Supply Company in Tulsa,
  Oklahoma. I believe I had over 500 petrie
  dishes.
- Q. With the pressure cookers and some of the other items you indicated, you could do your own sterilization.
- A. Yes, I bought the standard, the largest

pressure cookers I could so that I could stack and sterilize. I went through a process where I would sterilize the media and I would then pour the media while it was still-- the agar agar with all the stock in there, pour them into the petrie dishes and then again resterilize the entire operation in another pressure cooker. After that cooled down and was ready, then I would do either spoor print or mycelium transfers into the petrie dishes.

- Q. Let's go into that. Essentially, what you first described is making of something, and you used some words. That's just in layman's terms you began the process of growing this fungus.

  Is that what you're describing?
- A. Basically, and most people would have gone to the fruiting body and they would say growing a mushroom, but I found no need of growing the mushroom itself because the mycelium, which is a white cottony mass that grows from the center of the petrie dish out, if it's given Daylight 65 or Vitalite, will create enough psilocybin and psilocin to be as active as going to the fruiting body, but eventually I would have to go to the fruiting body to keep the viability

of my strain going.

- Q. And what do you mean, go to the fruiting body?
- A. That's a mushroom in its actual-- that's the end. The mushroom, that fruiting body, is actually-- the mycelium is constantly living in the ground. When it feels stressed or certain circumstances occur, the fruiting body is a survival mechanism. So when you see a mushroom on the ground, you see this giant biomass that's considered an organism living under the ground, it is, in effect, trying to reproduce because it senses a form of stress in its environment, or it could be in its natural cycle.
  - Q. When you were doing this, would you use all of the petrie dishes or some of them or--
- A. No, I'd use some of them.
- Q. And was there a certain amount or quantity that you know would be produced or yielded in a certain batch?
- A. Never could guess anything like that.
- Q. So when you made some of this yourself, do you know how much yield would typically result?
  - A. No. I mean, it was a real-- I mean, if you did a good transfer, and you got to a clean liquid

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state of where you took and you had a spoor print that was uncontaminated that grew a white cottony substance called mycelium across the petrie dish, and you took that and blended that up into a sterile water, sterilized blender that there were specific ones for, there are other ways of doing this, and it's called inoculation, and you would pull a syringe, and then you could inoculate a number of petrie dishes. This would create a situation that, if things were right, you didn't get a contamination, you had a high yield of mycelium. If you had air that came in from the door and got contaminated, or something was on your hands, or you sneezed, you blew the whole process. And would a yield be in ounces or pounds?

- Q.
- Well, ounces, yeah, very small amounts. Α.

MR. HOUGH: Judge, we renew our objection to the relevancy of any matters that occurred 10, 15 years prior to the arrest as to this matter.

MR. RORK: Again, Your Honor, I'm going into the background, training, and experience with respect to the knowledge and

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use of this individual. 1 2 MR. HOUGH: The knowledge and use of 3 mushrooms 10 to 15 years (inaudible). THE REPORTER: I'm sorry? 4 5 MR. HOUGH: The knowledge and use of 6 mushrooms 10 or 15 years before the arrest of 7 the defendants is more than a little tenuous to the charges in the indictment of the relevance 8 9 of the witness's testimony. MR. RORK: And, Judge, when I 10 11 objected on direct examination that Mr. Skinner 12 wasn't allowed to go through his entire history, the government indicated, "Well, you 13 can take care of that on cross." 14 15 THE COURT: Well, let me just suggest that we move this along. This -- I can't see 16 17 that we've accomplished much all day yesterday 18 and accomplished much today, and these 19 questions do not need to be asked in this great 20 detail. Let's bring this to a head and try to 21 get to where we are here. If you're making a 22 point, you have made it many, many times, so 23 let's try to move along. 24 MR. RORK: Judge, I would agree we 25 didn't accomplish much the last 13 days before

yesterday but, again, the issue deals with what's the government's case, and you told us, "Let them try their case," and now I'm trying to try our case.

THE COURT: Well, I understand that.

But the Court has the right to limit cases, and

I'm going to have to do that on both sides here

if we don't move this thing along, because this

is-- we're really not asking anything that

seems to do with guilt or innocence in these

cases, so let's proceed along.

MR. RORK: Judge, I intend to tie it up. I've got to start at the beginning to lay the foundation.

- Q. (By Mr. Rork) Mr. Skinner, with respect to these mushrooms and these items, was there also a market where people could sell those that grew them?
- A. Yes.

- Q. And do you know what they would sell for generally?
- A. No.
- Q. What's the next items that go outside of that group?
  - A. Okay. Give me the time frame that we're

1 looking at again, sir. 2 Q. Again, 1978 to 1987. 3 Α. Okay. 4 MR. HOUGH: Judge, we would renew our 5 objection 1978 to 1987 is more than a little 6 tenuous, has nothing to do with the credibility 7 of witness, bias of the witness, or anything to do with the charges in this case. 8 9 MR. RORK: Judge, again, I would ask 10 that the objection be limited to a legal one. 11 I ask that we can approach the bench. 12 Well, Judge, I would MR. BENNETT: also offer for the Court's consideration that 13 14 if any of these items Mr. Skinner was growing 15 were illegal, that that certainly goes to 16 credibility. 17 Judge, we would MR. HOUGH: respectfully request that the cross-examination 18 19 go to that point as opposed to where it is at 20 now. Certainly, if these are controlled 21 substances that he was using, abusing, dealing in, that can be inquired about, but that's not 22 23 the inquiry, and if the inquiry is relative to 1978 to 1987, it's going to be barred under 24

Rule 609's ten-year limit.

MR. RORK: Judge, with respect to the issues again, his use, his knowledge, his experience in manufacturing, compounding, extracting, he had to start somewhere, and I don't intend to dwell on it all day, but I do intend to go through it in a summary fashion, just like the government was allowed to go through in a summary fashion their case.

THE COURT: Well, would the attorneys please approach the bench?

(THEREUPON, the following proceedings were held at the bench and outside of the hearing of the jury.)

THE COURT: Each time I mention

trying to speed something up, you gentlemen
say, "Well, the other side got to do it much
better," and I gave more time, and so forth.

Well, I do not think that's true. At least the
other side was relevant on what they're doing.

This is so far from relevant, and I just can't,
in seeing it-- and each one of you gentlemen
mentions once in a while about how long it's
going to take to try this case. The way we're
now going, it's going to take about another
eight, ten weeks to try this case. And the

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first thing, this gentleman doesn't need to go into the detail he's going into, and you can tell him about that. I don't want his life's history here on this. But this is a long time ago, gentlemen, and I see what you're trying to do, but please, let's just try to move this up. There are some other serious problems you gentlemen don't know about that we need to try to move this case along. So let's try again.

MR. RORK: Judge, if I may. me, Mr. Hough. Judge, if I may indicate to the Court, number one, I resent the fact that when I'm making examinations of the witnesses, the Court says in the presence of the jury, "Oh, this doesn't have anything to do with the case. This isn't relevant," and whenever there was an objection made to the government, the Court would say, "Oh, let him try his case. try his case," again inferring to the jury. I know you're going to give an instruction that the jury shouldn't consider it but, Judge, let me give you an example. I don't want to educate this witness in front of the jury of Mr. Hough, but if you recall on February 3rd, which was this week, when Mr. Hough

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specifically asked him, "Well, what items did you expect that the government may have found in these military containers when they came there on October 31, 2000," he said beakers, glass, rotoevaporator, hydropressure cookers and the like. When I ask him research from 1978 to the time period, "What did you use?" he said beakers, glass, rotoevaporator and the like. And again, Judge, this shows-- and I'm not going to dwell on it all day, and I'm trying to go through it in a more summary fashion and yes, he does tend to go on, and I don't want to cut him off. Then there'd be objection for not letting him answer. But I want to show all the experience, all the theories, all the items here deal with the same things that were found October 31, 2000, that he has a long history, number one. Number two, Judge, if you recall yesterday and right now he said, "In 1984 and in 1985 I'm going to conferences." With who? Jonathan Ott, this Albert (sic) Weil, this Albert Hofmann protege, people that he's trying to say to the government's questioning over and over are LSD people that Mr. Pickard hangs around with.

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And, Judge, I'm trying to establish -- and I'll do so in a lot more summary fashion -- all the people he knows, all the things that he'd done before he knew Mr. Pickard in 1998. And, gee, now the jury can assess the weight and credibility of what happened on this occasion. And every time we go on break, the government tells him what our strategies are. When we speak out loud, he's always been in the court, and I understand that. I'm trying to work around it. But those are just two small examples, Judge, of relevant evidence that the jury has got to hear now, and they can say: Well, Mr. Skinner knew all these same people he was telling Mr. Hough that are Pickard's LSD proteges 10, 12 years before he even knew Mr. Pickard. And then that goes to the weight and credibility of these actual events in 2000, and that's all I'm trying to establish. I don't intend to let him ramble on but, Judge, he brought up his drug use. And I don't intend to take a lot of time, and I'll try to do it in more of a fashion to group it in, but that's just some of the examples of what I think is very relevant and that I'm going to argue to

the jury.

MR. HOUGH: Judge, counsel can ask those direct questions, and could have done so in the manner that he's just described to the Court regarding all of the 163 items on this list in an hour's time yesterday, but yet here we are again going over and over and over these in a fashion-- there's 163 of these items on this list, Judge.

THE COURT: I understand.

MR. BENNETT: Judge.

THE COURT: Yeah, go ahead.

MR. BENNETT: I just would second Mr. Rork's presentation, but I would also say that what we're doing-- or what Mr. Rork's doing, I'm not doing it-- but if he does it, then I'm not going to cover it a second time. But Mr. Hough in his direct examination went through all of this man's drug use, and I don't think it was necessary then either, but he went through it, and it was all brought out on direct examination, and I think we ought to be able to cross-examine about those same things that he told Mr. Hough about. And I understand what the Court's saying, but--

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MR. HOUGH: Judge - -1 THE COURT: I'm not getting through 2 3 to any of you people. I can see that. we'll just have to plug along. 4 MR. HOUGH: Judge, very clearly, the 5 fact that a witness has used drugs in the past, 6 if it's within a relevant time frame and not so 7 remote as to be tenuous and irrelevant, can be 8 9 made inquiry into. But the fact of specific 10 individual use of each of these 163 items in the fashion that is being inquired into is 11 12 something that routinely is and should be 13 limited by the Court under Rule 403. 14 MR. RORK: Judge, again, I'm going to 15 try and do it in a more summary fashion. THE COURT: Please, please do it, 16 17 because --MR. RORK: I understand. 18 19 THE COURT: All right. 20 (THEREUPON, the bench conference was concluded and the following proceedings were 21 22 held within hearing of the jury.) (By Mr. Rork) Mr. Skinner, you were talking--23 Q. as far as it relates to the mushrooms at that 24 25 period in time, were they legal or illegal?

- A. It is ambiguous-- it is nebulous at best about whether psilocybe cubensis is a Schedule 1.

  There is a flaw in the scheduling. Definitely psilocin and psilocybin and the extractions thereof, any tea that is made would be against the law and would be a Schedule 1 Title 21 violation, but the spoors are legal, and whether or not the mushrooms themselves are legal is a confusing part to the law.
  - Q. When people are arrested for possession of psilocybin and it's extractions?
- A. Yes.

- Q. And this would be from the time period from when you began your research up until 1988, correct?
- A. And still to this day.
- Q. Still to this day. With respect to the items that have been marked in P-1 Exhibit numbered 1 through 163, can you identify by number which of those are legal to possess or which of those are illegal? Well, first let's do it this way. You said some of these were prescription drugs. Is that right?
- A. Right.
- Q. Can we identify by number which ones were

1 prescription drugs and whether those were 2 obtained through a doctor's order or your 3 order? Α. Okay, 158. 4 5 I'm sorry, which one? Q. 6 158, Vasopressin, prescription. Α. 7 And purpose and nature of that? Q. Well, typically it's for insipidus diabetes 8 Α. 9 problem to -- which is a urinary thing. 10 are some other reasons you can get it. 11 an illegal prescription for it. I did not have 12 insipidus diabetes. What did you use it for? 13 Q. 14 Α. I was experimenting with it to see what it would do to different parts of the receptor 15 16 brain site. 17 Q. Continue backwards. 18 Α. The reason backwards, because that's where we 19 get most of the prescription drugs. That's fine. 20 Q. 21 Α. L-deprenyl. Number? 22 Q. 147. Prescription. 23 Α. And the use of that? 24 Q. 25 Α. It has many uses as an antidepressant. I

1 didn't use it for that. I was researching with it, but I got a prescription written for it. 2 3 And are you circling those? Q. I'm putting prescription, but I circled--4 5 All right, that's fine. Circle and put Q. 6 prescription. 7 Hold on a second. Α. 8 So the 158 and 147. Which would be your next Ο. 9 one? 10 Α. I don't know what we would call alcohol, so 11 let's skip that one. Dextrose. 12 We're on page 14? 0. 13 Α. Fourteen. I'm sorry, which one did you say? 14 Q. 142, Dextrose IV and oral. 15 Α. 16 And what's the purpose and nature of that Ο. 17 related to you and your use? 18 It's sugar. Α. 19 And were you experimenting with that in your Q. 20 research? 21 A. Yes. 22 For what purpose? Q. Well, I was actually prescribed this as part of 23 Α. a way of not going into hypoglycemia during IV 24

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therapy.

- Q. And IV therapy being your own research into drug use?
  - A. Both my own research and a legal doctor sitting there doing research with me.
  - Q. And that's from the time period from when you first started until 1988, first of January 1988?
- A. No. No. Let's throw that one out. Sorry.
- Q. Well, that's okay

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- A. I was trying to get all prescriptions.
- 11 Q. Let's just go through all prescriptions.
  - A. Let's get rid of the prescription stuff. 141, alpha lipoic acid. It's widely available in the health food store, but in the IV form it needs to be prescribed.
  - Q. Again, for what purpose in your research?
  - A. That happens to be a unique substance that is both antioxidant and a lipid, which means fats and antioxidant, and water soluble. It's very complicated in the Kreb's cycle of what it does. If you want to get into the description, I'll do it.
  - Q. That fine. Let's go on.
- 24 A. 139, vitamins and minerals and such.
- 25 | Q. And again, would those be prescribed by a

doctor? 1 Some of them would. Some of them -- I'm just 2 3 trying to get rid of these. So magnesium sulfate, 138. 4 5 These were ones that were prescribed for you Q. 6 and also used in your research? 7 Yes, that's correct. Magnesium sulfate has a Α. common name of Epsom salt. 137 fractures over 8 9 the time. It's both through the time that 10 you're talking about and after because of the way I have worded it, but it's prescription and 11 research. 12 13 Well, with respect to the prescription, just Q. 14 give it for any time period. 15 Okay, good. Thank you. The sodium pentathol, Α. 16 I didn't have it prescribed. I had it put in 17 my arm, pretty surprised, for removal of wisdom 18 teeth. There was a time when Ibuprofin, 131, 19 required prescription, 1992. Nystatin required 20 a prescription. That was just a -- I don't need 21 to explain it. What's it for? 22 Q. 23 Α. It's-- it does not enter the blood stream, and 24 it's orally taken and it gets rid of Candida or helps to eliminate Candida. 128, just any 25

- antibiotic I took in my life.

  Q. Let's go to page 13 for prescriptions at any time period.
  - A. Right. 127, I believe that— if I make a mistake— Lasix. If anyone here can help me.

    I believe that's Lasix, and that is just a diuretic, just to eliminate water from the body. 126 is Aspirin.
  - Q. And all these are used in research or in your own needs?
  - A. For a headache.

- Q. That could be caused by some of the substances you were experimenting with or just a normal headache?
- A. A normal headache. Also, I went through a period of where I thought maybe if I dissolved an Aspirin every day, it would improve my health. Benzocaine.
- Q. And what is that and the purpose?
- A. They use that -- many things -- to inject into your mouth, topically to get rid of pain while they're going to do stitches or cut you open or something like that.
- Q. What did you use it for?
- A. No, I'm talking about that's what it was used

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1 for by a doctor on me. 2 Ο, Okay. 3 124 is just an over-the-counter substance Α. that's found in stuff like Nyquil and DayQuil 4 and such. 5 And those things you can see in Kwik Shops all 6 Q. 7 the time, just a pseudoephedrine, by the 8 register? 9 That's correct. Α. 10 Q. Next one? 11 Norvasc. Nothing but, as I say, it's a calcium Α. channel blocker. 12 Is it prescription or just over the counter? 13 Q. No, no. It's prescription. 14 Α. 15 Was that something given to you for research or Q. 16 personal? 17 Α. I did not enjoy it. I came off of Personal. 18 it after a week. I was running high blood pressure at one time, and I came off of it. I 19 20 had a bad reaction to it. 119, Niphedipine. 21 That is a beta blocker, as I remember, for high 22 blood pressure also, prescription, legally 23 prescribed. Carbocaine was injected to me by a 24 doctor just to do an incision or to do Lidocaine, both research and given 25 something.

- to me by doctors. It's common. It's used everywhere you go.
  - Q. And briefly describe how it would be used in your research, for what purpose.
    - A. Are you talking about any period in my research?
  - Q. Yeah, any period.

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- A. As an IV item, it seems to evoke an immune response.
  - Q. What do you mean, higher tolerance for what you were taking?
  - A. No. I'm talking about for health. It evokes an immune response. Procaine is just another name for Novocaine, and when you go-- I actually used Procaine in research, but mainly it's, you know, if you go to the dentist to have something done.
  - Q. And how would you use it in your research?
  - A. It's nicknamed H3, and there's an unusual set of-- there's a long period of research that shows that it may slow the aging process down, and I'm not for sure of that.
  - Q. And is that what you attempted to do with your research?
  - A. No. I mean, I was just experimenting to see

1 what happened. Did you have to purchase this, or was it 2 Ο. 3 prescribed by a doctor? Prescribed by a doctor. 4 A. 5 Any more on that page? Q. Yes, 114. I mean, I have to make sure I'm 6 Α. 7 This is commonly known as correct here. 8 dextromethorphan. Again, another item of 9 Nyquil. 10 Q. And is that over the counter then as opposed to 11 prescribed? 12 Α. Yes. 13 So now you're going to page 12? Q. 14 I'm going to page 12. Oxycodone is nothing but Α. 15 what would be found in Percocet, Roxicet, 16 Percodan, such and such. And was that prescribed by you? 17 Q. 18 Α. Prescribed to me, like, if I was -- you know, 19 broke my toe or had an accident or something. 20 Carisoprodol, it's got a common name of Soma, and I ruptured a disk in 1992, and they gave me 21 22 Carisoprodol, which is a generic name for Soma. 23 103 is hydrocodone, Vicodin, prescribed. 24 And again, not used in your research then? Q.

Codeine in the form of Tylenol No. 4 or 3.

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Α.

No.

1 I don't think I've ever taken any other form of Codeine, but it's a form of Tylenol No. 4 and 2 3, prescribed, one of the most minor pain--3 it's got acetaminophen with it. Meperidine, 4 common name Demerol. 5 6 Q. What page are you on? 7 Twelve. Α. Okay. I didn't see Peridine (sic) or Demerol. 8 Q. 9 It's Meperidine, and the name of it--Α. 10 Ο. Ninety-six? 11 Right. That's Demerol, prescribed for ruptured Α. disk. 12 13 What about 95? Ο. Oh, sorry. I missed it. Yes. Valium. 14 I have 15 had a prescription of Valium for years. 16 How many years? Q. 17 Α. I couldn't tell you. Four or five. 18 Q. What's your current dosage? I'm basically in the process of trying to stay 19 Α. off of Valium. 20 21 When did you start that process? Q. 22 I've tried many times. Probably a couple Α. 23 months ago. And prior to a couple of months ago trying that 24 Q.

process, what was your dosage?

- A. I tried to keep to under 15 milligram a day.

  Often I'd go long periods of skipping a day and doing 5 milligrams, skipping a day and doing 5 milligrams. I'm not happy with how the benzodiazepine family affects the body.
  - Q. And so you haven't used any the last two months is what you're saying?
  - A. No. I used very small amounts, and I mean very small, small.
  - Q. How much amounts were you using for the time period of 2000 to two months ago?
  - A. I'm allowed by the way the prescription is written in the script to take four or five a day. That would leave me on the floor, because I'm sensitive to this. Just because the doctor recommended that or allowed me, I never hit the recommended dose.
  - Q. Did you continue to fill the prescriptions regularly?
  - A. Not regularly. I-- the doctor was surprised that I would go six months and not fill the prescription.
  - Q. Next, going to page 11. And we can go ahead and mark off caffeine because we know that's not a prescription. That's No. 82.

- A. Well, we can mark off 83 and 82.
- Q. And 83, was that used in your research any way,
- or just something you take it?
- 4 A. Any time I eat chocolate, I take it.
- Q. What prescriptions, then, would be listed there?
- 7 A. I'm looking. I actually had a prescription of 8 Ketamine, believe it or not.
- 9 Q. What's Ketamine, 85?

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- 10 A. Yes. I had a prescription for 144 vials in 1986 of Ketamine.
- 12 Q. What was the purpose of it?
- 13 A. Purely for research.
- Q. And putting it into other extracts, or just to use it by itself?
  - A. Just to use by itself. It's a disassociative anesthesia.
    - Q. What effect did that produce for you?
- A. I could sit here forever. Basically, just sort
  of insulates the nerves, and it has an odd
  effect.
- Q. Does it have a long duration or short duration?
- 23 A. Forty-five minutes.
- 24 Q. Per dosage?
- 25 A. Per dosage.

- Q. And of the 144 vials, how many doses would be in a vial?
- A. It depends on your body weight. Anywhere from as little as five to a maximum of 20.
- Q. And did you continue the research when you started until you ran out, or over a period of time?
- A. No. I stopped the research after a certain point and gave the vials away, because I have no interest in this material.
- Q. Are you going to page 10?

- A. Yes. If I miss something that you know is something common, please help me. There's a lot of items here. I'm not trying to be tricky. There's just an awful lot here. Okay, the bottom of one is going to be a legal item, but we go to page 9. It's 68. It's 5-hydroxy-L-tryptophan. It's misnomenclatured at the health food stores as 5-HDP, which means 5-hydroxy-tryptamine, which is seritonin.
- O. That's over the counter?
- A. That's a health food store item, and it's in the process of the body's natural production of seritonin. 67-- I'm sorry-- 67, 66, 65, and I don't know what the answer would be on this.

They have been banned by FDA. There's no 1 2 DEA regulation on it that I know about. 3 is an amino acid that's essential to existence. 4 It's found in large amounts in turkey. It goes L-tryptophan, then it goes 5-hydroxy-L-5 tryptophan, then that goes into a process 6 7 that's quite complicated that ends up being 5-hydroxy-tryptamine, which is Grand Central 8 Station of neurotransmission called seritonin. 9 That doesn't have any hallucinogenic effect or 10 Q. 11 assistance in the sacraments that you've been 12 involved in? 13 Well, you can. If you're quite clever, you can Α. 14 get these to do that. Have you been able to do that? 15 Ο. 16 Yes, I have. Α. 17 How did you do that, with what type of Q. 18 equipment? 19 I would use that with MAOI, monoamine oxidase Α. 20 inhibitor. But would you make it, or how would you--21 Q. 22 No, I'd just take it. I ordered 65 through 67 Α. through Sigma. Pretty funny story. Sigma let 23 a whole bunch of beta carbolines and 24 5-methoxy-N,N-dimethyltryptamine, and they held 25

1 the order up because of these three items, which are essential amino acids found 2 3 everywhere, and they were concerned about the order having that. Eventually, they released 4 the item. 5 6 How large an order did you obtain, do you 7 recall? 100 grams of each, maybe 200 grams of each. 8 I Α. 9 can't remember. 10 Q. Did you share those with others or just use it 11 yourself? Oh, yes. I gave the stuff away and such. 12 Α. 13 Anything else on --Q. Yes, 62. I had a prescription for 62. 14 Α. And what does that consist of? 15 Q. 16 Parnate is an irreversible MAOI that is Α. 17 nonselective to A or B receptor site, and I had 18 a prescription for that. Is there an effect it produces on the body, or 19 0. 20 is it for medical purposes? 21 No, it's a-- well, it's typically-- Parnate, Α. 22 originally it was used for tuberculosis. 23 was in the '20s, so I didn't have tuberculosis. 24 Parnate is used in very limited circumstances for depression, but I wasn't using it for that. 25

I was able to get a prescription for it but 1 this was -- I did a tremendous amount of 2 research around Parnate because it was a 3 predictable monoamine oxidase inhibitor. 4 5 When you would obtain a prescription for it, Q. 6 wouldn't you have to tell the prescribing 7 physician the legitimate reason, or would you tell him an illegitimate reason? 8 9 Neither. I just said "Can you write me a Α. prescription for it?" and they wrote me a 10 prescription for it. 11 Anything else on that page, like 61? 12 Q. 13 No, that's just-- 61 is a complicated one, so I Α. 14 have to leave it out because it's a combination 15 of the above. Was it prescription or over the counter? 16 Ο. 17 Well, it could be both, so--Α. 18 Let's go to 8. For instance, there's nothing Ο. 19 on page 8 that's a prescription? 20 I'm to page 5 right now. Α. No. 21 There's nothing on page 7 either? Q. Nothing on five, and if I make a mistake 22 Α. No. here it's because it's just a lot of stuff 23 here, so I'm doing my best. 24

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Q.

That's fine.

A. Eleven

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- Q. That's on page 2?
- A. Yes. This is commonly referred to as Melatonin.
  - Q. And was that used for research or for your health reasons?
    - A. It was used for both, uh-huh. I did a lot of research around it and also was interested in the health effect of it.
    - Q. Was the research in conjunction with the sacramental use?
  - A. Yes.
    - Q. In what manner?
    - A. Well, I wanted to first find out if it was entheogenic with MAOIs, and then I started learning little tricks about how to pump up the amount of-- there's some research that shows that Melatonin has a metabolite in the brain about 12 hours after consumption that gives you 5-methoxy-N,N-dimethyltryptamine. So if, the next day afterwards you take a, quote, hoasca or Ayahuasca sacrament, you should get a boosted effect. I also used it for trying to sleep, which I didn't find it to be a very good sleeping aid. I experimented with it beyond
- 13 0. 1

25 sleeping aid. I experimented

1 I tried incredibly high doses and found that to be beneficial. It did seem to have 2 some spin-off to brain chemistry to boost brain 3 activity. 4 What was the manner of having that prescribed, 5 Q. or what dose? 6 7 Wasn't prescribed. This is something you can Α. go buy at the health food store. 8 9 And in what quantities would you purchase it? Q. I mean, whatever the cheapest quantity was, 500 10 Α. pill quantity, you know, whatever, you know. 11 12 And would you have to break it up or just use Q. 13 it in pill form? 14 Α. I'd use it in pill form because I'd be using 15 more than one. 16 Ο. And you used it with Ayahuasca. Would it also work with other hallucinogenics like mescaline? 17 18 Α. I don't know. I haven't gone to that area. Thanks for the idea. 19 20 But would it just basically have been Ayahuasca Q. then? 21 And other things, yes. But Ayahuasca is a 22 Α. broad range of things, so yes to your answer--23

Let's go on with the prescriptions, then we'll

to your question.

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Q.

1 go back to the Ayahuasca. Right. 2 Α. Okay, I missed -- I want to go back one 3 more time because I just made some minor mistakes that I want to make sure I've cleaned 4 up as I'm thinking about this. 160 and 159. 5 6 Those are just found in the health food stores. 7 Let me put that up there. That's on page 16, Q. and 160 and 159 are just over the counter? 8 9 Yes, Yohimbe is now over the counter from Α. 10 health food stores. 11 Did you use that for research or for health? Q. 12 Yes, I did. Α. 13 In what manner? Q. Early research and got a very undesirable 14 A. effect. I wouldn't touch Yohimbe or Yohimbe 15 16 hydrochloride even though it's being sold to 17 the public. I wouldn't mess with the stuff. 18 Does it also have a nickname on the street? Ο. 19 Α. I don't know that one. Yohimbe hydrochloride 20 is all I know, or Yohimbe. If it has a nickname on the street, I don't know what it 21 22 is. Was it an hallucinogenic effect? 23 Q. 24 Α. No, no, no, no. 155, we can throw that along

It's just another form.

It's

with Ketamine.

1 just the chemical form of Ketamine. Which one's Ketamine? 2 3 Say it again? Α. You said it's a chemical form of Ketamine? 4 Ο. 5 Ketamine. Α. Ketamine? 6 Q. 7 Yes. So, actually, we already covered that. Α. 8 We also need to throw out all the Kavalactones. We'll throw out 153, because it's available at 9 the health food store. You're going to have to 10 11 make a decision if you want to throw out all of the fractions thereof, which start at 150. 12 13 would say that they should be thrown out because they're derived from Kava Kava. 14 And how were those used in your research, 150 15 Q. through 152? 16 Everyone in the -- a lot of people in the 17 Α. community were really touting about these. 18 wanted to figure out what was going on with 19 20 Kava Kava, and I consider it pretty much a 21 flunky substance, and never thought much about 22 it, but I did at least put the research time in 23 on it. 24 Q. And when you're talking about the community, 25 you're talking about the theogen (sic)

1 community? Entheogenic, and specifically, Dennis McKenna 2 3 was really interested in it, so I put some time in on it. 4 Who's Dennis McKenna? 5 0. He's a Ph.D. that's very famous within the 6 Α. 7 entheogenic community and the pharmaceutical community for deriving pharmaceutical medicines 8 9 from the rain forest to help people. What's his expertise in the theogen community? 10 Q. He and his brother -- his brother is now dead --11 12 their first claim to fame was they wrote 13 "Magical Mushrooms Grower Guide" under a 14 pseudonym because they thought they would get busted for writing it. 15 I see. And that was a best seller? 16 Q. I heard that many people put themselves through 17 Α. 18 college on that book. 154, let's toss it out. 19 It would be considered caffeine, but it's 20 slightly different. 21 And was that used by the theogen community or Q. 22 just--Used by about 90 percent of Americans every 23 24 day. It's caffeine, effectively. 25 Did it have any benefit in your research? Q.